

Umthombo Youth Development Foundation
2022 Annual Report



SEEKING TO ADDRESS A PROBLEM

The problem is a shortage of qualified healthcare staff at rural hospitals, whilst rural communities have high disease burdens

Reasons for the shortages of healthcare workers in rural areas include: remoteness of location, lack of employment opportunities for spouses, poor schooling for healthcare workers' children, perceived lack of professional development opportunities and support, among others.

Reasons for high disease burdens in rural communities include: poor quality water and sanitation, poor nutrition and health education, poverty and poor preventative healthcare programmes due to the remoteness of communities.

How the Umthombo Youth Development Foundation addresses this problem

By investing in rural youth, who have an interest and ability to successfully study a health science qualification, and who agree to work at a rural hospital after graduation.

Why rural youth?

Since they come from rural areas, they are more likely to live and work in a rural area than their urban counterparts. In addition, they understand the language and culture of their patients, and thus are better able to communicate with, and understand the healthcare needs of the community.

How we support rural youth to succeed in their studies

Rural students face many challenges at university as they are poorly prepared, both academically and socially. Challenges include poor command of English (the medium of instruction), lack of digital literacy, the fast pace of the academic programme, poor social skills – including lack of confidence – lack of support from family, pressures from family for financial support, and their unrealistic expectations of the university experience, to mention but a few.

To address these challenges and increase the students' chances of success, **we provide academic and social mentoring support to all our students, situated across sixteen university campuses.** All students are allocated a mentor, who they are required to meet with monthly. The mentor assists students with finding solutions to their academic and social problems – the mentor cannot solve their problems, but helps them strategise how best to address the issues. The mentor then holds the student accountable to implement the agreed strategies and reflect on their effectiveness. Importantly, the mentoring support is compulsory for all students, and starts at the beginning of the academic year, and continues throughout their university journey.

In addition to the monthly mentor meeting, all students are required to complete **4 weeks per annum of work exposure at their local hospital.** This allows them to complement their theory with practice and improve their competency.

The final component of the mentoring support is the attendance, by students, of **annual lifeskills workshops** which aim to assist them to manage themselves well, discuss current issues that youth face, gain the necessary soft skills needed in the workplace, and become financially literate, among others.

The mentoring support is complemented with **comprehensive financial support**, the majority of which is provided by the National Student Financial Aid Scheme (NSFAS), to which we provide top-up funding. This ensures that students have all the resources (books, food, accommodation and equipment) needed to focus exclusively on their studies.



Mission

To address the shortages of staff at rural hospitals through an investment in rural youth

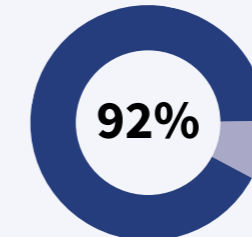


Learners from rural schools are selected and supported to study a health science degree

They are funded and mentored to increase their chances of succeeding in qualifying as healthcare professionals



2022 Results



Of the 172 students supported, 92% passed all subjects, whilst 3 were promoted, carrying a subject. Progression rate = 94%

2023



Umthombo is supporting **197 STUDENTS** covering 15 different health-science disciplines:

GRADUATES

220 DOCTORS	10 DENTISTS	seventeen OCCUPATIONAL THERAPISTS	7 PSYCHOLOGISTS
44 NURSES	one CLINICAL ASSOCIATE	37 PHYSIOTHERAPISTS	2 ORTHOTICS & PROSTHETICS
18 DIETITIANS	6 SPEECH THERAPISTS	1 ENVIRONMENTAL HEALTH EMERGENCY MEDICAL RESCUE	19 BIOMEDICAL TECHNOLOGISTS
14 SOCIAL WORKERS	88 PHARMACISTS	43 RADIOGRAPHERS	18 AUDIOLOGISTS
11 DENTAL THERAPISTS	18 OPTOMETRISTS	one NUTRITIONIST	



575
GRADUATES
PROVIDE STAFF FOR:



IMPACT: economically active young health professionals
improved healthcare services to rural communities



Cebolenkosi Khumalo, 3rd year medical student



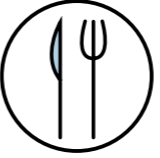

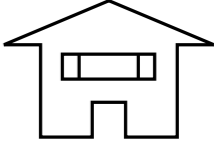
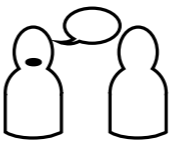





Dr Simphiwe Phungula

COST OF SUPPORT

Our work is truly transformational as young people come from financially poor families that are unable to support their children’s aspirations to study, but through our financial, academic and social mentoring support, and their hard work, they will, in all likelihood, qualify as healthcare professionals. Through our support, 90% of our students graduate, versus the 78% national average graduation rate for health science students.

On graduation, they will go into well-paid employment and assist their siblings to access better education, whilst financially assisting their parents/guardians — lifting them out of poverty. In this way, deep-rooted generational poverty is being broken, and in a relatively short time too — 4 to 5 years post graduation.

The cost of this transformational support is broken down below, and amounts to **R50,000 per student per year**.

Top-up allowances			R22,000
FOOD  R12,000	BOOKS & MINOR EQUIPMENT  R5,000	ACCOMMODATION  R5,000	
Mentoring support			R24,000
ACADEMIC & SOCIAL MENTORING SUPPORT  R18,000	LIFESKILLS WORKSHOPS  R2,200	HOLIDAY WORK  R3,800	
Organisational costs			R4,000
FINANCIAL RECORDING  R1,000	OFFICE SUPPORT  R1,000	MENTAL HEALTH  R2,000	
Total			R50,000

For further details, contact:

Dr Gavin MacGregor
 Director: Umthombo Youth Development Foundation
 Tel: +27 (0)72 263 6440
 Email: gavin@umthomboyouth.org.za

Watch an inspiring video of our work
 Visit our YouTube channel



STATEMENT OF COMPREHENSIVE INCOME

Extract of the audited Annual Financial Statements for the year ended 28 February 2023

	Note(s)	2023 R	2022 R
Revenue			
Donations and grants received	8	6,817,430	10,622,134
Other income			
Interest received	9	700,471	614,017
Gains on disposal of assets		-	125,000
Fair value adjustments		649,786	1,743,910
		1,350,257	2,482,927
Operating expenses			
Accounting fees		(57,560)	(55,143)
Auditors remuneration		(25,000)	(44,000)
Bad debts		-	(61,304)
Bank charges		(139,072)	(128,259)
Computer expenses		(2,789)	(14,462)
Conferences and workshops		(87,762)	(5,278)
Depreciation, amortisation and impairments		(2,422)	(28,850)
Employee costs		(1,862,340)	(1,807,818)
Lease rentals on operating lease		(88,385)	(79,826)
Legal expenses		-	(20,734)
Motor vehicle expenses		-	(22,554)
Printing and stationery		(53,240)	(27,109)
Repairs and maintenance		(1,040)	-
Staff welfare		(10,662)	(3,801)
Student expenses		(4,954,187)	(6,248,747)
Student mentoring expenses		(651,192)	(641,448)
Subscriptions		(33,280)	(32,347)
Telephone and fax		(20,331)	(27,138)
Training		(31,185)	(26,555)
Travel - local		(29,727)	(12,975)
		(8,050,174)	(9,288,348)
Surplus for the year		117,513	3,816,713
Total comprehensive income for the year		117,513	3,816,713

Time to Completion of the 2022 Students		Min	Min +1	Min +2	Min +3	Total
All Students	Number	27	9	6	2	44
	Percentage	61%	82%	95%	100%	
Medical Students	Number	20	3	1	1	25
	Percentage	80%	92%	96%	100%	



GRADUATES 2022

Fezokuhle Nhleko, *Audiologist*
 Nosipho Shezi, *Audiologist*
 Simangaliso Ndwandwe, *Biomedical Tech*
 Zingisa Sinyeke, *Biomedical Tech*
 Sicelo Mkhwanazi, *Dentist*
 Sithembiso Zibane, *Dentist*
 Bongumenzi Gumede, *Dietitian*
 Bongumenzi Mazibuko, *Dietitian*
 Jabulani Mndaba, *EMRS paramedic*
 Thabiso Dlamini, *Doctor*
 Prince Dube, *Doctor*
 Mayenziwe Hlongwane, *Doctor*
 Nosipho Maduma, *Doctor*
 Sfundu Maphanga, *Doctor*
 Thabiso Masango, *Doctor*

Mgcineni Mbatha, *Doctor*
 Africa Mfekayi, *Doctor*
 Senamile Mthethwa, *Doctor*
 Manqoba Mtimkulu, *Doctor*
 Andile Ngubane, *Doctor*
 Ncebo Nkosi, *Doctor*
 Bongwiwe Ntuli, *Doctor*
 Nomzamo Ntuli, *Doctor*
 Thandeka Nxumalo, *Doctor*
 Siyanda Nyawo, *Doctor*
 Simphiwe Phungula, *Doctor*
 Siyanda Shabalala, *Doctor*
 Siphamandla Sibisi, *Doctor*
 Tholumusa Sibiyi, *Doctor*
 Bongumezi Simelane, *Doctor*

Mpilonhle Xaba, *Doctor*
 Anita Zulu, *Doctor*
 Sinethemba Zulu, *Doctor*
 Zamangethe Zwane, *Doctor*
 Luyanda Nkwanyana, *Occupational Therapist*
 Sivumelwano Dlamini, *Optometrist*
 Snehlanhla Khanyile, *Pharmacist*
 Sizolwethu Nkumane, *Pharmacist*
 Cebo Simelane, *Pharmacist*
 Philile Gumede, *Physiotherapist*
 Sebenzile Dlamini, *Radiographer*
 Khulekani Shiba, *Radiographer*
 Izwelandile Zulu, *Radiographer*
 Ntombifuthi Mpungose, *Speech Therapist*

OUR TEAM



Dr. Gavin MacGregor
Director



Ms. Nevilla van Dyk
Financial Administrator



Ms. Cebile Zungu
Student Coordinator

TRUSTEES



Prof. Andrew Ross



Dr. Gloria Nkabinde



Dr. Cyril Nkabinde



Dr. Lungile Nxumalo



Mrs. Nomusa Zulu

PARTNERS AND DONORS

In achieving our objectives, we work with a number of partners, including:

Department of Health

Local participating hospitals are involved in many aspects of the programme, such as: marketing of the opportunities to the youth, including hosting Open Days and offering volunteer work opportunities for interested youth; student selection; holiday work opportunities and – ultimately – employment opportunities for our graduates.

Aspen Pharmacare
 Bidvest Corporate Services (Pty) Ltd
 Dandelion Trust
 Discovery Fund
 Douglas Jooste Trust
 FirstRand Empowerment Fund

Amy Clithero, Brian Whittaker,
 Dr Gloria Nkabinde, Dr Toby
 Waterhouse, Dr Zandi Rosochacki,
 Glenys Ross, Joseph John,

Department of Education

Cooperation with schools in the area and universities where our students are enrolled.

Districts and Communities where we work

Community members are represented on the selection committee, and the community markets the programme in the area. Initially, some funding came from the local community of Ingwavuma.

Funding organisations

Freddie Marincowitz Welfare Trust
 Fuller Trust
 Fulton Trust
 Konica Minolta
 Lily and Ernst Hausmann Bursary Trust
 Norman Wevell Trust

Individual donors

Jurgen Fleisch, John Rosenberg,
 M Burton, Prof Andrew Ross, Ronald and
 Gill Ingle, Stanley and Marion Bergman,
 Wendy Clarke.

Oppenheimer Memorial Trust
 RB Hagart Trust
 RED Foundation
 Robert Niven Trust
 Robin Hamilton Trust
 Zululand Air Mission Transport (ZUMAT)

Graduates: Dr NP Cele, Dr I Dlamini,
 Dr N Mangeni, NN Mkombo, S Dlamini,
 Dr NC Mbokazi, Dr NN Dlamini,
 T Mponshane, T Sobazile, Dr B Xaba.

Registration Details

The Umthombo Youth Development Foundation –

- is a registered Trust – IT 1856/95
- is a Non Profit Organisation (010-021 NPO)
- is a Public Benefit Organisation (PBO) (18/11/13/4296)
- has tax exemption on the basis of 10 (1) (cB)(i)(bb) of the Income Tax Act
- has 18A Tax exemption status

Auditors

R.I. Kennedy & Associates
Chartered Accountants (South Africa)
Registered Auditors
2 Wilford Court
5 Miller Grove, Berea
Durban 4001
South Africa

Contact Details

Head Office

Physical Address:

Office 4A
Bristol House
1A Shongweni Road
Hillcrest
KwaZulu-Natal

Postal Address:

Postnet Suite 10328
Private Bag X7005
Hillcrest
3650

Tel: 031 765 5774

Fax: 031 765 6014

Email: info@umthomboyouth.org.za

www.umthomboyouth.org.za



Dr Sanele Hlongwane
Medicine



Jabulani Mndaba
EMRS paramedic



Dr Bongumenzi Simelane
Medicine



Nosipho Shezi
Audiologist